

Additional Lice Information

How to remove nits:

1. Work under a good light – direct sunlight is best but a strong light or a magnifying light works well also.
2. Divide and fasten the hair in sections, working each section separately.
3. Look through each section of hair for nits starting at the scalp and working outward.
4. Remove the nits by pulling down the length of the hair with your fingernails. Put the nits in a trash bag and throw them away.
5. A metal lice comb may help. Several parents have said the “robi comb” and the “terminator comb” have worked well for them. We are not endorsing any products.
6. It takes time to remove nits – it may take several hours.
7. Product directions vary so they must be read and followed carefully as these products are not without risks.
8. Only use products on heads that have live lice or nits within ¼” of the scalp.
9. Remember you do not need to have a pest control company spray your home.
10. Do not use lice sprays. Vacuuming very thoroughly is sufficient.
11. Home remedies are not recommended.
12. Do not use kerosene or gasoline.
13. Do not shave the head.
14. Itching may continue for a week or two after the treatment.
15. Check for lice often during the school year.

YOUR CHILD WILL NOT BE ALLOWED TO RETURN TO SCHOOL UNLESS ALL NITS ARE COMBED OUT AND NO BUGS ARE FOUND ON THE HEAD.

Please call if you have any questions or concerns: Holly McCormack, RN, MSN
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