



2011 October

MARIEMONT HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	More Info... LUNCH PRICES: \$ 3.00, \$ 3.15 MILK \$.55 DAILY ENTRÉE OPTIONS <i>Hamburger</i> <i>Cheeseburger</i> <i>Chicken Patty</i> <i>Spicy Chicken</i> <i>Grilled Chicken</i> <i>Gardenburger</i> <i>Vegetarian Wrap</i> <i>Pizza</i> <i>Specialty Sandwich</i> Choose two sides and a milk to make it a meal! <u>(Your best value)</u> <u>All milk is 1% or Skim & is available with each lunch</u> Sandwich buns, pasta, dinner rolls and cheese pizza are whole wheat or whole grain products. Assorted beverages are available to purchase a la carte <i>(May not be substituted for milk according to State regulations)</i> <i>Assorted a la carte items available daily</i>
3 Meatball Sub Sandwich Choice of 2 Different Sides Choice of Milk	4 Toasted Cheese Sandwich Choice of 2 Different Sides Choice of Milk	5 Cincinnati Chili 3-Way w/Oyster Crackers Choice of 2 Different Sides Choice of Milk	6 Taco Bar Choice of 2 Different Sides Choice of Milk	7 Cheesy Breadsticks w/Dipping Sauce Choice of 2 Different Sides Choice of Milk	
10 NSLW Sloppy Joe on Bun Choice of 2 Different Sides Choice of Milk	11 NSLW Chicken <u>OR</u> Cheese Quesadillas w/Salsa Choice of 2 Different Sides Choice of Milk	12 NSLW Cincinnati Chili 3-Way w/Oyster Crackers Choice of 2 Different Sides Choice of Milk	13 NSLW Taco Bar Choice of 2 Different Sides Choice of Milk	14 NSLW Calzone w/Dipping Sauce Choice of 2 Different Sides Choice of Milk	
17 NO SCHOOL	18 Baked BBQ Chicken Choice of 2 Different Sides Choice of Milk	19 Cincinnati Chili 3-Way w/Oyster Crackers Choice of 2 Different Sides Choice of Milk	20 Taco Bar Choice of 2 Different Sides Choice of Milk	21 Flatbread Pizza Choice of 2 Different Sides Choice of Milk	
24 FUEL LUNCH SPECIAL* Spicy Chicken Strips w/Dinner Roll Choice of 2 Different Sides Choice of Milk	25 FUEL LUNCH SPECIAL* Cajun Chicken Sandwich Choice of 2 Different Sides Choice of Milk	26 FUEL LUNCH SPECIAL* Cincinnati Chili 3-Way w/Oyster Crackers <u>OR</u> Chicken Chili w/Corn Bread Muffin Choice of 2 Different Sides Choice of Milk	27 FUEL LUNCH SPECIAL* TACO BAR <u>OR</u> Chipotle Chicken Wrap Choice of 2 Different Sides Choice of Milk	28 FUEL LUNCH SPECIAL* Buffalo Chicken Pizza Choice of 2 Different Sides Choice of Milk	
31 Made To Order Deli Sandwiches Choice of 2 Different Sides Choice of Milk					

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Special News... NATIONAL SCHOOL
LUNCH WEEK - OCTOBER 10-14

FRESH FRUIT & VEGETABLE OF THE MONTH:
CARROTS, SWEET POTATOES, PUMPKINS, SQUASH

Menus are subject to change without notice.

